

Education Meeting & AGM Wednesday 8 February 2006

Hypothetical: "Collaboration or
Competition?"

Wound Management across care settings

Trade display & light refreshments 1845
Education meeting commences 1930

Guest speakers: Margi Moncrieff, Sue Templeton & Tal Ellis

All Welcome!

Non members \$5.00 Members & students free
*SAWMA is a multidisciplinary association and is
non-partisan in its approach to wound products*

Find us on the web:
www.sawma.org.au

Diary dates '06

Education nights
2nd Wednesday @ 1845

Note new dates

8 February 2006

10 May 2006

9 August 2006

8 November 2006

AWMA conference

15-18 March 2006
Canberra

SAWMA Annual General Meeting

Immediately preceding education meeting
8 February 2006

Committee positions vacant:

- | | |
|----------------------|-------------------|
| ★ Treasurer | ★ Secretary |
| ★ Membership Officer | ★ General Members |

See nomination form in this issue

Membership fees due

Annual SAWMA membership
fees are now due.

Prompt payment is appreciated and
will ensure your continuing access to
the benefits of membership.

See invoice enclosed

Education night & AGM venue: Enterprise House

136 Greenhill Road, Unley (Undercover parking on site)
30m west of Unley Road. Enter off Greenhill Road between Unley Road and Salisbury Street.

President's report

As we slip into 2006 it is exciting to look ahead into the New Year. The committee are busy planning the year's activities which will continue to bring you education nights and events of the highest standard that will continue to raise your knowledge and skills in wound management. Please note that there has been a slight change in education night dates. Usually held the third Wednesday of the month, they will now be on the second Wednesday. Times and venue are unchanged. The amended "dates for your diary" are in this newsletter.

The AGM on February 8th offers members the opportunity to be actively involved in SAWMA. It is a dynamic committee and each member plays an important and contributing role to the association. Several positions will become vacant and nominations are sought for Treasurer, Membership Officer, Secretary and three general committee members. Attached to this newsletter and also on the website, is a nomination form which can be completed and submitted to SAWMA via post or at the AGM.

Following the AGM there will be a case study, presented as a hypothetical titled: "Collaboration or Competition?" Sue Templeton, Margi Moncrieff and Tal Ellis will debate and discuss the care of one lady and her wound as she travels between community, acute and residential aged care settings. It is anticipated that the evening will encourage critical thinking, debate and participation. We hope you can join us.

Another important date to put in your diary is the 15th -18th March, 2006. This is the 6th National Australian Wound Management Association Conference, titled "Matrix of Wound Care". It is being held at the National Convention Centre, Canberra. The conference will provide an opportunity for all participants to discuss contemporary treatments, learn about innovative technologies, master new techniques, develop and implement evidence-based research and explore cutting edge wound management. For more details, visit www.awma.com.au

Our education meeting on May 10th will be a combined meeting with a difference. We will be joined by the South Australian Orthopaedic Nurse's Association which will offer a perspective on trauma and orthopaedic wounds. This promises to be a stimulating night with a slightly different focus from previous combined meetings.



The SAWMA committee wishes to thank the Trade for their continued support and involvement in all our activities and to our members, for their enthusiasm and desire to enhance learning. We look forward to preparing an exciting program for 2006, while also offering the opportunity to network with other clinicians.

With Kind Regards,

A handwritten signature in black ink, appearing to read 'Margi Moncrieff'.

Margi Moncrieff

Breaking News!

Congratulations to Margi Moncrieff who was recently endorsed as a Nurse Practitioner.

Margi is the first Wound Management Nurse Practitioner in South Australia. In her role as Wound Management Consultant at Flinders Medical Centre Margi provides a dedicated, specialist service for persons attending FMC with a wound. Margi consults throughout the hospital for inpatients as well as running a nurse-led outpatient clinic. Margi has been active in wound management in South Australia for many years. Her endorsement as a Nurse Practitioner will allow Margi to extend and expand her practice to provide her patients with comprehensive, expert nursing care, coordinated and managed by a nurse. Margi will continue to work closely with other health care clinicians to ensure optimal outcomes for her patients.

Well done Margi! May your endorsement inspire other nurses to pursue a career as a Nurse Practitioner.

Change to Education Nights

Unfortunately our booking at Enterprise House for the third Wednesday of the month for the quarterly SAWMA Education nights was not available in 2006. This has meant a change of night.

In 2006 Education nights will be held on the 2nd Wednesday of the month.

The dates are:

- 8 February
- 10 May
- 9 August
- 8 November

Other than the dates, little will change. We look forward to your continued attendance and support at these exciting and informative evenings.

AWMA Committee Vacancies

The Australian Wound Management Association is calling for nominations for a number of positions that will become vacant in 2006. Vacant positions are:

President

Membership secretary

Vice-President

Medical representative

Secretary

Nursing representative

Treasurer

Allied Health representative

An election to decide positions will occur at the AWMA Annual General Meeting to be held in Canberra on Thursday 16 March 2006 during the national conference.

If you are interested in participating in the national wound management committee see the November edition of Primary Intention for a nomination form.

Nomination forms must reach the AWMA secretary no later than Thursday 9 March 2006.

Book Review

WOUND CARE NURSING – A Guide to Practice Edited by Sue Templeton

Ausmed Publications, Melbourne, 2005, Paperback \$79.95

ISBN 0 9750445 1 6

Available from: www.ausmed.com.au

This book, the latest in the 'Guide to Practice' series from the Ausmed Publications stable, is intended as a clear and accessible guide, for nurses, to an area of practice which most, if not all, nurses will experience at some time in their career. As such, it is essential that they have easy recourse to practical, evidence-based information, which is provided in both lucid and concise language by this text. Sue Templeton, the current Vice-President of SAWMA, and well-known in South Australia for her wound care expertise is the editor and contributes several excellent chapters. A highlight is the opening chapter, which provides an insightful introduction to several aspects of wound management (e.g. patient adherence, legal aspects, the influence of commercial interests) which can easily be overlooked.

The sequence of chapters is logically arranged, with the first 7 chapters dealing with general aspects of wound care, while Chapters 8-18 deal with more specific areas, such as Trauma, Pressure Ulcers & Burns. The final chapter, on Best Practice, is another welcome innovation in a text such as this.

The contributing authors read like a Who's Who of Wound Management in Australia, testament to the importance of this book.

Occasionally there is some duplication of information in different chapters, but this is difficult to avoid in a multi-author publication, & certainly does not detract from the book's value. It is unfortunate that the photographs are not in colour, as this considerably reduces their usefulness as a guide or exemplar.

The layout of most of the chapters begins with a useful text box detailing the 'Framework' of the chapter. Various highlighted text boxes are then included, together with frequent short italicised 'quotations' from the text. Some of these boxes contain supplementary & complementary information, while many simply repeat, verbatim, sections of text. Readers may find this type of presentation an attractive novelty, though this reviewer merely found it distracting. However, content is far more important than presentation.

This book represents a welcome addition to the small but growing number of Australian wound management publications.

Paul Philcox
Treasurer
SAWMA

The Diabetic Foot: Managing the Challenges

*2 Day Conference
National Wine Centre of Australia, Adelaide
Thursday 23 and Friday 24 February 2006*

This exciting conference is will explore interdisciplinary care of the diabetic foot. A number of renowned speakers are presenting on various topics of interest to all practitioners who manage persons with diabetes.

Topics to be presented include:

- Clinical assessment of the diabetic foot*
- Assessment of perfusion of the diabetic foot*
- Wound healing in the diabetic foot – new therapies / wound assessment*
- Hyperbaric oxygen therapies in the diabetic foot: What is the evidence?*
- Appropriate use of VAC in the diabetic foot*
- Assessment and management of the Charcot foot*

If you are interested in attending this conference further information can be obtained at www.thediabeticfoot.com.au or by contacting Brooke Ramsey Ph: 8222 6750 or email: brooke.ramsey@nwahs.sa.gov.au

Cost: \$450 Full conference or \$250 Single day registration \$280 Undergraduate students

Pressure Ulcer Management & Pressure Mapping Study Day

*Friday 10 February 2006
The Queen Elizabeth Hospital*

This stimulating day is open to all levels of nurse and other health practitioners with an interest in pressure ulcer management.

Topics to be presented include:

- Risk assessment tools*
- Pressure ulcer staging and treatment*
- Pressure mapping and equipment choices*
- Vacuum Assisted Closure (VAC)*

If you are interested in attending this seminar further information and a registration form can be obtained from Wendy McInnes or Karen Simunov at TQEH Ph: 8222 6000 and page or email: wendy.mcinnnes@nwahs.sa.gov.au or karen.simunov@nwahs.sa.gov.au

Cost: \$55 CHAHS employees or \$65 Nursing students or \$95 non CNAHS employees

The 10 Commandments of the Diabetic Foot

Every 30 seconds a leg is lost somewhere in the world due to complications of diabetes. In order to improve diabetic foot care and prevent morbidity and mortality the authors of this article propose some simple rules for health care practitioners:

The 10 commandments of the diabetic foot.

1. *I am thy foot forever. Take good care of me, for thou shalt have no foot other than me.*
2. *Thou shalt regularly debride me when I develop callosities and ulcers.*
3. *Thou shalt fit me with casts and insoles to offload my high pressure areas.*
4. *Thou shalt carefully look for early signs of infection in me and treat it aggressively.*
5. *Thou shalt diagnose ischaemia without delay and revascularise me.*
6. *Thou shalt educate all patients how to examine me and take care of me.*
7. *Thou shalt carefully inspect the shoes I have to wear and encourage use of appropriate footwear.*
8. *Thou shalt continuously aim to achieve tighter blood glucose control for me.*
9. *Thou shalt not commit amputation on me, unless there is a compelling reason.*
10. *Thou shalt not covet thy neighbour's amputation rates, but try to improve yours.*

Papanas, N., Maltezos, E., Edmonds, A. & Edmonds, M. 2005, British Journal of Medicine <http://bmjournals.com/cqi/content/full/331/7531/1497>

Wound education programs offered in S.A.

University of South Australia School of Nursing & Midwifery

Wound Management Program (9 credit points). Distance education, either on-line or external mode. Commences the first Monday of each week as the participant chooses. Credit may be granted on application in the School of Nursing and Midwifery's accredited programs. Cost on application. Enquires: Tal Ellis Ph 0421 797 727.

Carmen George. Clinical Nursing Specialist Services

Sessions, study days, mini courses in Wound Management. All designed to meet the needs of your organisation. Also sessions on stoma care and continence management offered. For more information and costs contact Carmen George. Ph 0414 226 779.

RDNS

Five day internal Wound Management Course. Can be completed as a certificate or 3 unit credit option within the School of Nursing, Flinders University of South Australia. RDNS also offers individualised education programs, sessions and workshops to suit your organisation.

RDNS Master Class in Wound Care runs twice a year and is a full day seminar for practitioners with some prior experience in wound management. Topics vary. For further information and costs contact RDNS Education Centre Ph 8292 6780.

Committee Nomination Form

SOUTH AUSTRALIAN WOUND MANAGEMENT ASSOCIATION Inc. Annual General Meeting 2006

In 2006 vacancies on the SAWMA Committee will occur at the Annual General Meeting to be held 8 February 2006. Committee terms are for two (2) years. Persons nominating must be financial members of SAWMA.

A copy of the Constitution is available from the Membership Officer, Michael Arthur through the SAWMA pager 08 8378 8884.

Nominations in accordance with the SAWMA Inc. Constitution (1995) are now required for the positions of:

- Secretary*
- Treasurer*
- Membership officer*
- Committee members x 3*

To nominate for a committee position please complete the form below and post to SAWMA, PO Box 71 Rundle Mall, SA 5000. Postal nominations must reach SAWMA by 5pm Friday 3 February 2006. Alternatively the nomination form can be placed in the box at the AGM Wednesday 8 February 2006. This nomination form can be photocopied if required.

Position nominated for:

Nominee (name):

Signature:

Proposed by (print name):

Seconded by (print name):

Only financial members of SAWMA are eligible to hold office, propose or second nominations.

SAWMA welcomes new members to its committee. The committee is a dynamic, fun, working group who work hard for SAWMA members and wound management in South Australia. Committee members assist SAWMA in meeting its objectives through commitment and active participation. The SAWMA committee meets from 6.30pm on the first Wednesday of the month at Mile End. Some out of committee meeting activities may be required by members.

Important dates:

2006: SASVN Education nights

2006: 15-18 March: AWMA 6th national conference

'Matrix of Wound Care', Canberra


www.awma.com.au

2008 3rd World Union of Wound Healing Societies Meeting

Toronto, Canada

This newsletter aims to share information about contemporary issues in wound management. We welcome your contributions, resources, tips, case studies etc.

Submit contributions to the editor
Sue Templeton Ph 1300 364 264 or
editor@sawma.org.au



New web address!!
Visit us at:
www.sawma.org.au

SAWMA Committee Members

Office Bearers

Ms Margi Moncrieff	(President)	Ph (w) 8204 5311
Ms Sue Templeton	(Vice President)	1300 364 264
Ms Janet Vincent	(Secretary)	0419 825 407
Mr Paul Philcox	(Treasurer)	8222 1690
Mr Michael Arthur	(Membership officer)	8355 3500

General Committee Members

Ms Chris Bashford	Ph (w)	1300 363 262
Ms Bec Daebeler		8201 4884
Ms Veronica Dottore		8222 4413
Ms Annie Dovey		0419 861 062
Ms Carmen George		0414 226 779
Ms Maree Prendergast		1300 364 264
Ms Andrea Smallman	(h)	0418 816 152



Committee members
can be contacted by
phone, via the
mailing address or
through a message
left on the SAWMA
pager 8378 8884

All expressions of opinion and all other statements in this newsletter and any attachments are published on the authority of the writer/s over whose signature they appear and are not to be regarded as expressing the views of the South Australian Wound Management Association. Where clinical information is provided readers are encouraged to verify this independently. Whilst every effort is made to ensure the accuracy of information, no responsibility is taken by SAWMA for any inaccuracies or omissions.