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Newsletter
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July 2006

EDUCATION MEETING WEDNESDAY 9 AUGUST 2006

www: wandering-the-wound-web

How to get good wound information

Trade display & light refreshments 1845
Education meeting commences 1930

All Welcome

Non members \$5.00 Members & students free

*SAWMA is a multidisciplinary association and is
non-partisan in its approach to wound products*

BREAKING NEWS!

SAWMA SEMINAR 2007

**Bacteria, Bioburden & Beyond
Hilton Hotel Adelaide**

Friday 18 May – Saturday 19 May 2007

More information available soon!

DIARY DATES 2006

**Education nights
Wednesday 1845**

9 August 2006

8 November 2006

Education night venue: Enterprise House

136 Greenhill Road, Unley (Undercover parking on site)
30m west of Unley Road. Enter off Greenhill Road between Unley Road and Salisbury Street.

PRESIDENT'S REPORT

We are now half way through the year and the committee is already working towards 2007. We have been busy planning an exciting event and can confirm that the 18th and 19th June 2007 are dates to put in your diary. We are planning a conference with a difference, with the theme of "bacteria, bioburden and beyond". The venue is the Hilton Hotel in Adelaide and as our work unfolds, we will keep you informed.

Our May education night was a joint evening with the South Australian Orthopaedic Nurses Association and was a great success. Attendance was high and it was a most stimulating evening. A special thanks to our guest speakers whose presentations highlighted how wounds can cross into many specialty areas.

For our final education evening for the year, Molnlycke are sponsoring Wendy White, who is a Clinical Nurse Consultant and lecturer in wound management from Melbourne, Victoria. Wendy is a passionate and informative speaker who will inspire you all with her knowledge and experience in issues related to pain and wound management.

We look forward to seeing you all at our next education night.



With Kind Regards,

A stylized, handwritten signature in black ink, appearing to read 'Margi Moncrieff'.

Margi Moncrieff

UPCOMING EDUCATION PROGRAM

The Queen Elizabeth Hospital Wound Management Program

Thursday 24 & 31 August

2nd floor, Main building, The Queen Elizabeth Hospital

The program is open to all nurses, nursing students and allied health professionals with an interest in wound management.

Topics to be covered include: Anatomy and physiology, Principles of Healing, Leg ulcers, Pressure ulcers, Skin care, Skin tear management, Assessment and Product selection.

A great program to consider. Registration fees vary depending on worksite.

Enquiries and bookings are through TQEH. www.wendy.mcinnis@nwahs.sa.gov.au

WOUND EDUCATION PROGRAMS IN S.A.

University of South Australia School of Nursing & Midwifery

Wound Management Program (9 credit points). Distance education, either on-line or external mode. Commences the first Monday of each week as the participant chooses. Credit may be granted on application in the School of Nursing and Midwifery's accredited programs. Cost on application. Enquires: Tal Ellis Ph 0421 797 727.

Carmen George. Clinical Nursing Specialist Services

Sessions, study days, mini courses in Wound Management. All designed to meet the needs of your organisation. Also sessions on stoma care and continence management offered. For more information and costs contact Carmen George. Ph 0414 226 779.

RDNS

Five day internal Wound Management Course. Can be completed as a certificate or 3 unit credit option within the School of Nursing, Flinders University of South Australia. RDNS also offers individualised education programs, sessions and workshops to suit your organisation.

RDNS Master Class in Wound Care runs twice a year and is a full day seminar for practitioners with some prior experience in wound management. Topics vary. For further information and costs contact RDNS Education Centre Ph 8292 6780.

UPCOMING EDUCATION OPPORTUNITIES

South Australian Society for Vascular Nursing (SASVN) Seminar

'Venous disease & lymphoedema – how do we manage these?'

Saturday 5 August 2006

Enterprise House Greenhill Road, Unley

This exciting seminar day has many eminent speakers discussing various aspects of venous disease, lymphoedema and their management.

Leading vascular surgeon Donald MacLellan will be presenting on venous disease and its diagnosis. The afternoon will include workshops for compression bandaging, stockings and demonstration of a venous duplex.

This promises to be a great day. Registration fees are very affordable.

Contact Sheri Sandison for more information: 8276 9666 (pager 2996)

The Queen Elizabeth Hospital Wound Advisory Group

'Pain Issues in Wound Management'

Monday 7 August 2006 1430-1600

2nd floor lecture theatre, The Queen Elizabeth hospital.

This presentation will be delivered by Wendy White. Wendy is a CNC/ Lecturer in wound management in Melbourne, Victoria and sits on the International Advisory Panel examining pain and trauma at dressing change.

There is no cost for this presentation.

Enquiries to wendy.mcinnis@nwahs.sa.gov.au

RSVP 8222 7667 (leave message) for catering purposes by Friday 28 July.



AWMA NEWS RELEASE: NO. 2

April 2006

Highlights: AWMA Committee Meeting 29 & 30 April 2006

6th AWMA Co-hosted Conference Canberra ACT March 2006: A CD Rom of papers presented at the recent conference will be prepared for distribution to delegates and for purchase for those who did not attend. Placing the papers on the website is not possible at this time.

AWMA Conference Darwin NT 7-10 May 2008. Evolving Landscapes: Dreams Diversity & Disasters. Conference Logistics, the Professional Conference Organiser of the successful 2006 Conference has been appointed to support this conference and planning is progressing via teleconferences. A scientific committee is now being formed. A site visit of the facilities by the organising committee will occur on 3 November 2006. Also, in order to assist the Northern Territory to establish its own Wound Management Association an inaugural seminar will be held in Darwin on 4 November 2006 with members of Conference Organising Committee including those based in Darwin, presenting.

Recognition of Service Certificates: The Recognition of Service Certificates with a letter containing position and dates of service will be posted to all former AWMA committee members shortly. In future these letters and certificates will be compiled when the term of office for that position has been completed, even if the person remains on the AWMA Committee in a new role.

New Membership CD ROM: The development of materials for inclusion on the new membership CD Rom is continuing. It is hoped that it will be ready for distribution to state wound management/care associations later this year.

APUAP (Australian Pressure Ulcer Advisory Panel): An inaugural teleconference meeting of APUAP Chairs was held. This group will meet in June to further progress development of the subcommittees (Policy/Guidelines, Education and Research) including relevant documents to underpin its functions.

AWMRF (Australian Wound Management Research Foundation): An information meeting between the AWMRF Trustees and Industry representatives was held in Canberra. This Foundation offers an opportunity for wound management research (including clinical trials) to be funded via application to AWMRF. Donations to the Foundation to further research activities can also be made.

AWMA Direct Membership: Membership of AWMA is encouraged via state wound management associations however direct membership to AWMA is available. A Direct Membership Form has been developed and will be available on the AWMA website shortly. This will entitle those with Direct Membership (Full) to receive the Journal, Primary Intention, attend AWMA conferences at the AWMA membership fee. It will also enable a member to have voting rights on AWMA matters at AGM's or in postal referendums. There are no voting rights for Corporate or Associate categories of AWMA Direct Membership

AWMA Newsletter: Ms Carol Baines has offered to coordinate and produce, in cooperation with state newsletter editors, a twice yearly AWMA newsletter for insertion into the Journal, Primary Intention. This will enable the important activities or highlights from the states to be shared.

Michael Woodward, AWMA President

WANDERING THE WEB: EWMA

With the focus of the next education meeting being: 'wandering the wound web', it seemed timely to examine a few of the more useful web-based electronic resources for wound management. Over the next few editions of *Stitch in Time* newsletter good quality web sites will be discussed.

What is EWMA?

EWMA is the **European Wound Management Association**. Their web site is located at: www.ewma.org. EWMA is a large, proactive association.

What's good to download?

EWMA have produced a number of position documents. These can be found by taking the following links from the home page:

- EWMA publications
 - Position papers and conference proceedings

The position documents are multi-authored and refereed. They usually consist of a number of articles about a particular topic. The position documents are designed to assist wound management clinicians deliver contemporary, evidence-based best practice.

What position papers are available?

Year	Title of paper	Title of articles
2006	Management of wound infection	- An integrated approach to managing wound infection - Demystifying silver - Topical management of infected grade 3 & 4 pressure ulcers - Topical antimicrobials and surgical site infection
	Identifying criteria for wound infection	- Understanding wound infection - Clinical identification of wound infection: a Delphi approach - Identifying criteria for pressure ulcer infection - Identifying surgical site infection in wounds healing by primary intention
2005	Lymphoedema bandaging in practice	- The science of lymphoedema bandaging - The lymphoedema framework: a consensus on lymphoedema bandaging - Practical guidance on lymphoedema bandaging - Lymphoedema bandaging for the head, breast and genitalia
2004	Wound bed preparation in practice	- Wound bed preparation: science applied to practice - Wound bed preparation for diabetic foot ulcers - Wound bed preparation for venous leg ulcers
2003	Understanding compression therapy	- Understanding the pathophysiological effects of compression - Compression bandages: principles and definitions - Cost-effectiveness of compression therapy - Compression therapy: a guide to safe practice
2002	Pain at wound dressing changes	- Understanding wound pain and trauma: an international perspective - The theory of pain - Pain at wound dressing changes: a guide to management

We encourage you to download and read the papers that interest you. Use the position papers for education and information so you can deliver best practice to your patients.

WOUND QUIZ

Bored with IV? Too much talking on the radio? No good books to read? Sick of silly magazines? Too cold to do gardening? Well... For unparalleled excitement and interest try this wound quiz. Guaranteed to give you minutes of mindless entertainment!!

<p>1. A biofilm is: a) An autobiographical movie. b) An environmentally friendly cling wrap. c) A protective exopolymeric material made by some colonies of microorganisms. Enables them to withstand harsh environments and resist some antimicrobials.</p>	<p>6. TIME is: a) A very popular women's magazine. b) Precious. bii) Money. biii) Short. c) An acronym that embodies the principles of wound bed preparation. T= tissue management (removal of non-viable tissue) I= infection/inflammation management M=moisture balance E= edge advancement.</p>
<p>2. Critical colonization is: a) When a country's maximum sustainable population is reached. b) When people criticize their government. c) When there are enough bacteria in a wound to impair wound healing, but the overt signs of wound infection may not be manifested.</p>	<p>7. Hypergranulation tissue is: a) Granulation tissue that won't stay still. b) A large handkerchief. c) Abnormal granulation tissue. Usually presents as a red, soft, spongy, friable (bleeds easily) mass of tissue. Often due to excessive bacterial burden.</p>
<p>3. Argyria is: a) A character from the 'Lord of the Rings'. b) A little-known European country c) Discolouration of skin, mucous membranes and sometimes blood from elemental silver deposition. (Origin of the term 'blue blood'.)</p>	<p>8. The maturation phase is: a) Being over 70 years old b) The process used to make fortified wine. c) The last phase of wound healing. Occurs after epithelialisation. Collagen in the scar is realigned to give maximum tensile strength.</p>
<p>4. Topical negative pressure therapy is: a) Also known as vacuum cleaning. b) Also known as 'cupping'. c) Also known as VAC® (Vacuum Assisted Closure). This is a specialized wound treatment that applies controlled suction to a wound using a foam wound dressing connected to a computerized pump.</p>	<p>9. A monofilament is: a) A new form of fast rail transport b) A film that does not have stereo sound c) A device for testing peripheral sensation. It consists of a handle with a nylon filament. The filament is placed against the skin and the handle pushed until the filament bends. If the person can feel the filament they have protective sensation.</p>
<p>5. Autolysis is: a) A car that does not require you to change gears. b) Cleaning a coin using Coca-Cola™. c) Using dressings to regulate wound moisture to facilitate the debridement of non-viable tissue.</p>	<p>10. Angiogenesis is: a) The first book in the bible. b) The ability to turn water into blood. c) The formation of new blood vessels. Occurs in wound healing in conjunction with formation of granulation tissue.</p>

Just in case you weren't sure, the answer to every question is C.

IMPORTANT DATES

2006: SASVN Education nights

August 5: Seminar Day – Venous disease

October 31: 'Nasties night' – infection / antimicrobial dressings

2008: 3rd World Union of Wound Healing Societies Meeting

Toronto, Canada

2008: May 7-10: 7th National Conference of the Australian Wound Management Association, Darwin

This newsletter aims to share information about contemporary issues in wound management. We welcome your contributions, resources, tips, case studies etc.

Submit contributions to the editor
Sue Templeton Ph 1300 364 264 or
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Visit us at:

www.sawma.org.au

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