

Wound Wisdom

Newsletter of the
South Australian Wound Management Association Inc.

April 2010
Issue No. 71



Box 1144 Blackwood, SA 5051
Telephone: 0406 440 813
www.sawma.org.au

Education Evening

Wednesday 19 May 2010

Crusty Demons:

Lower-limb Wound Management

An education evening held in conjunction with the South
Australian Society of Vascular Nursing

Trade Display & Supper 1845

Supper Kindly Sponsored by:



Wound Management

Education Evening Commences @ 1930

All Welcome

Non members \$5.00 Members & students free

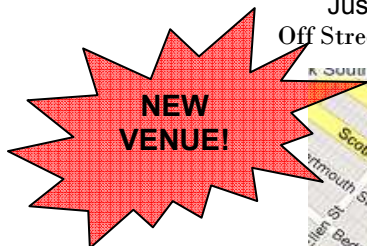
*SAWMA is a multidisciplinary association and is
non-partisan in its approach to wound products*

Education Night Venue: ANF Building

191 Torrens Road, Ridleyton SA

Just before South Road (City Side)

Off Street Parking available behind the venue



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Campaign for access to subsidised dressing products

Sign the petition at
www.elephantintheroom.com.au

to support subsidisation of
dressing products across Australia
in all care settings. Don't be an
elephant and ignore the problem.
SAWMA strongly encourages its
members to sign.

Encourage your colleagues and
patients to sign too!

President's Report

We are now well into 2010 and it continues to be another busy year for SAWMA and wound management. The February 2010 Annual General Meeting and education evening was unfortunately quite poorly attended. This is a pity as Carmen George, our guest speaker was well worth hearing. Carmen detailed her experiences as an educator and clinician overseas in countries including Indonesia and Iran. Along with several colleagues who have also participated in this program facilitated through the Australian Association of Stomal Therapy Nurses (AASTN) Carmen leads an education and clinical

was highly regarded and I wish them well in their future endeavours.

SAWMA is in the final planning stages for our May education night to be held in conjunction with the South Australian Society for Vascular Nursing (SASVN). The focus will be on leg ulcers. We hope you can join us for this event. Don't forget SAWMA Education Evenings are now held at the Australian Nursing and Midwifery Federation Industry Skills Centre on Torrens Road, Ridleyton (just South of South Road, behind McDonald's). This new venue has increased seating (so

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facilitation program. The experiences she faced were wide and varied and the challenges were many. It certainly highlighted how lucky we are in Australia to have a first class health system (we have little to complain about in comparison to other countries) that provides the latest in wound management and has highly developed systems and processes to support this. For example, in Indonesia there is no documentation of health care, and families are expected to provide much of the care requirements. SAWMA sincerely thanks Carmen for her time and willingness to share her experiences.

The Annual General Meeting brought several changes to the SAWMA committee. The new SAWMA committee comprises:

President
Vice President
Treasurer
Secretary
Membership officer
AWMA representative

Sue Templeton
Frank Guerriero
Bec Daebeler
Margi Moncrieff
Michael Arthur
Paul Philcox

Committee members

Lindsey Brooks
Awen Griffiths
Elizabeth Keen
Andrea Smallman
Rosa Stewart

I welcome the new committee members and those taking up new roles. I also extend sincere thanks to Helen Pecank and Tim Garfield who resigned from the committee after 13 and 2 years service respectively. Their contribution and commitment to the committee

we shouldn't run of chairs again!) and allows greater integration of the trade. We invite and welcome anyone interested in wound management to attend.

Following a delay – for which I sincerely apologise – SAWMA membership renewals have been distributed. If any member has not received a renewal notice, please contact our Membership officer Michael Arthur on the SAWMA mobile phone number. We hope that by using a formal Secretariat and moving to electronic communication we can provide our members with more timely contact and offer increased services, whilst reducing our use of resources. I have greatly appreciated members patience during this time

SAWMA is very grateful to the trade for their support of our educational activities. From 2010 the trade was provided with the opportunity to provide a sponsorship package to reduce the costs to SAWMA in providing supper at education evenings. I am pleased to announce that several trade members have committed to this sponsorship package which will commence May 2010. One trade member will sponsor one supper.

In recognition of the sponsorship, members will see some additional trade acknowledgements. The trade sponsoring that particular education night supper will:

- Include a one page advertisement in one edition of the Wound Wisdom newsletter.
- Provide a presentation of up to five minutes at the education evening to discuss their products.

- Be acknowledged on the welcome presentation at the relevant education evening.
- Be acknowledged on the supper table at the relevant education evening.

The support of SAWMA from the trade is integral to providing our members with high quality services, reducing the direct costs to SAWMA and, most importantly, providing access to information regarding products and therapies for wound management.

The Australian Wound Management Association (AWMA) held its 8th national conference in Perth in March 2010. 23 South Australians attended this important event. The program focused on research, education and clinical innovation. Several South Australians presented papers on a range of topics. I found the paper from Dr Joshua Jervis-Brady from the Queen Elizabeth Hospital on the use of Manuka honey for treatment of persistent sinus infection very interesting – if not a little gross at times! The practicalities of getting honey up a nose and into the sinuses is not something for breakfast discussion! You can read Andrea Smallman’s conference report in this edition of the newsletter.

AWMA also held its Annual General Meeting during the conference. The new AWMA committee includes:

President	Bill McGuiness
Vice President	Sue Templeton
Treasurer	Pam Morey
Secretary	Judith Barker
Membership officer	Tabatha Rando

Nursing representative	Jan Rice
Medical representative	Steven Yelland
Allied health representative	Gillian Butcher
SA representative	Paul Philcox
Web manager	Damian Williams (ex officio)

I have not included other states representatives. If you wish to know who they are please contact SAWMA. I extend congratulations to Paul Philcox who is taking over the role of SA representative on the AWMA committee. I know he will fulfil this role with enthusiasm and a commitment to contribute and provide leadership on issues affecting South Australia and wound management in general. Sincere thanks are also extended to Tal Ellis who served as Vice President of AWMA for the past four years. Tal’s contribution was significant, in particular his leadership and energy in developing and progressing the Wound Awareness Campaign was outstanding.

One of the main activities of AWMA in the coming months will be progression of a framework for state and national association structural reform. I have been privileged to participate in the exploration and development of this important project. There has been commitment in principle from AWMA and all state and territory wound management associations to reform some aspects of their structure and processes. This aims to build a national identity which will strengthen each association and provide consistency and coordination of services, branding, and benefits. As previously discussed in the newsletter these changes are vital to build a strong, combined voice and foundation for wound management in Australia that can lobby governments, influence practitioners and grow wound management as a defined specialty with a distinct scientific and evidence basis. Further information will be provided regularly to members as developments unfold and I encourage all members to take an active interest in this project. Please do not hesitate to contact SAWMA for further information.

Finally, I am very exciting to announce that AWMA launched its second edition of the Standards for Wound Management at the recent national conference. This document has been in development for some time and included input from all states and territories. Whilst there are many similarities with the 2002 Standards for Wound Management, this revised and expanded edition includes a new Standard and increased detail concerning assessment and practice. Underpinning the Standards the evidence base has been updated to reflect contemporary practice and expectations. Each member will receive a hard copy of the Standards with the next copy of Wound Practice and Research with a pdf copy available on the AWMA web site soon. I encourage all practitioners to become familiar with the Standards, distribute them widely amongst your colleagues and worksites and endeavour to fulfil them within your everyday practice.

As you can see this is a very exciting time in wound management. I continue to look forward to the challenges and developments the future will bring. And I look forward to the contribution and interest of the committee and all our members. Your support is vital to achieving the goal of each person with a wound receiving contemporary, evidence based, individualised wound management.

Happy Wound Management!



Ms Sue Templeton
SAWMA President

THE AWMA 2010 CONFERENCE – PERTH CONVENTION CENTRE 24-27TH MARCH 'JOURNEY INTO NEW FRONTIERS'

By Andrea Smallman, SAWMA Committee

The Western Australian Wound Care Association (WAWCA) and Australian Wound Management Association (AWMA) co-hosted the 2010 National Conference in beautiful Perth, at the Convention Centre situated on the banks of the Swan River.

The conference program focussed on wound healing research and education; pressure related wounds and their prevention; diabetic foot management and skin tear research and management. These were further supported by a diverse range of topics. International speaker presentations included an entertaining description of tissue repair in flies, fish and mice (Professor Paul Martin – UK), the challenges and relevance of wound healing research (Professor Keith Harding – UK and Professor Fiona Wood – Australia), and an innovative method of teaching wound management to undergraduates which had the audience enthralled (Dr Kerry Reid-Searl – Australia).

SAWMA was well represented by Sue Templeton and Margi Moncrieff in the Concurrent Sessions. Sue's presentation '**Development of a wound healing probability guideline**' summarised recent research undertaken by RDNS and the subsequent development of several resources to aid measurement of wound healing probability. Margi presented her recent Clinical Practice Improvement Project, '**Improving the management of lower segment caesarean section wound complications**', with clear goals to reduce the length of hospital stay and promote timely and appropriate clinical management of these acute wounds.

The AWMA AGM resulted in the election of a new President, Bill McGuinness and Vice-President, Sue Templeton. Paul Philcox was elected as the South Australian representative on the AWMA committee.

The conference was well supported and sponsored by the trade and the social committee organised a wonderful conference dinner and farewell picnic in Kings Park, with stunning views of Swan River. It was a perfect opportunity to network with colleagues from around the country and to forge new relationships with clinicians with a common goal.

During the conference, the **AWMA Standards of Wound Management 2nd Edition 2010** were launched, and are available from the AWMA website.

We can now look forward to the **2012 AWMA Conference 'Harbouring Wound Care' in Sydney, March 18-22** and encourage all South Australian wound clinicians to consider presenting their work in the form of a poster or oral presentation. Members may wish to consider applying for a Janet Vincent Education Scholarship to assist with the cost of attending an interstate conference. We hope to see you there.

Membership Renewals

Some of you may be aware that SAWMA has recently elected to employ a paid secretariat to manage some of the committee's administrative duties, in an effort to free-up committee time consumed by menial administrative tasks and thus allow the committee the ability to focus on more important work. A paid secretariat will also enable us to facilitate payment of membership fees electronically much easier, something many members have been requesting .

Like any period of administrative transition there are always teething problems, and it has come to the attention of the SAWMA committee that quite a number of existing members have not yet received a membership renewal notice. Should this be the

case, we ask that any SAWMA member who has not yet received their membership renewal notice please get in contact with the SAWMA membership officer **Michael Arthur** via the SAWMA phone **0406 440 813** SMS text message or phone call (please ensure you leave a message with a return phone number, as missed calls are **UNABLE** be returned). Alternatively you may also email Michael via membership@sawma.org.au

Are you managing a Crusty Demon?

The upcoming May education evening, being held in conjunction with the South Australian Society for Vascular Nursing (SASVN), will provide attendants with an overview of **lower-limb wound assessment** . Titled 'Crusty Demons', the evening aims to equip attendants with fundamental knowledge and exposure to clinical skills necessary for effective management of lower-limb wounds (often a demon of practice).

The night is planned to start with presentations from Mr Chris Davies Vascular Fellow, whom will be providing an over view on **lower-limb diagnostics, physical assessment** and **Ankle-Brachial Pressure Indices** (ABPI). For those seeking a more-hands on practical demonstration, the presentations will be followed by concurrent Compression Bandaging and ABPI workshops, where attendants will be able to witness practical

demonstrations of these clinical skills. The workshops are planned to be no more than 30 minutes in duration and there will be 2 sessions for each workshop allowing all attending members the chance to see both workshops.

Workshop registration will be required on arrival to the venue to ensure even numbers at each workshop, so please ensure you sign-up at the desk situated in the foyer of the ANF building. We look forward to seeing you there!





QUALITY PRODUCTS WITH A DIFFERENCE



VENO 4

Veno 4 is a latex-free four layer compression bandaging kit, suitable for most patients with venous leg ulcers. When applied correctly, Veno 4 can provide compression for up to seven days.



TENDERWET 24 ACTIVE & TENDERWET ACTIVE CAVITY

TenderWet is an interactive moist wound dressing that stimulates autolytic debridement for effective wound bed preparation; the unique properties produce a continuous 'rinsing' effect to cleanse, absorb exudate and promote granulation.



ATRAUMAN AG

Atrauman Ag is conformable low adherent silver tulle dressing suitable for colonised chronic wounds of various aetiologies. Impregnated with a triglyceride ointment, it leaves minimal residue, reduces the risk of pain on removal and helps protect wound edges from maceration.



AQUACLEAR & AQUACLEAR ADHESIVE

AquaClear is a transparent, solid hydrogel sheet dressing. It promotes moist wound healing and non adherence provides pain free removal for a variety of wounds. The soft elastic dressing creates cushioning and protection to the wound. AquaClear has a soothing and cooling effect on superficial burns and minor skin irritations and can stay in place for up to 7 days.



ZETUVIT PLUS

Zetuvit Plus is a highly absorbent dressing pad containing Super Absorbent Polymers which bind moderate to heavy wound exudate rapidly and reliably within its absorbent core. It is soft and conformable and can be used under compression. A green water repellent top layer prevents strike through and the pad is low adherent to prevent pain on removal.

For more information or to trial any of the products from the full Hartmann range please contact:

Peter Stewart 0408 164 243

peter.stewart@hartmann.info

(Hospital/Community)

Anne Milne 0411 874 968

anne.milne@hartmann.info

(Aged Care)

SAWMA Consumer Advice Web Page

As part of the 2010 Wound Awareness Weeks (Plural!) SAWMA launched its Consumer Advice Web Pages. In an effort to continue our campaign of raising public awareness of contemporary wound management knowledge and techniques, SAWMA has developed 6 detailed pages of wound management information aimed at the general public level. The pages cover General Wound Management Information, Abrasions, Burns, Lacerations, Skin Tears and Wound Cleaning.

You are strongly encouraged to visit the site and have a look at what is on offer, and likewise you are also encouraged to direct to the site colleagues, clients and members of the general public who may be seeking further information about wound management. You will find the SAWMA Consumer Advice Webpage by visiting the SAWMA website (www.sawma.org.au) by clicking on the 'Consumer Advice' tab located on the left hand side of the web page (see below).

Like the new Look?

With the shift to electronic distribution of the SAWMA newsletter the SAWMA committee has been allowed greater creative licence with the appearance of its Wound Wisdom newsletter, hence the new look.

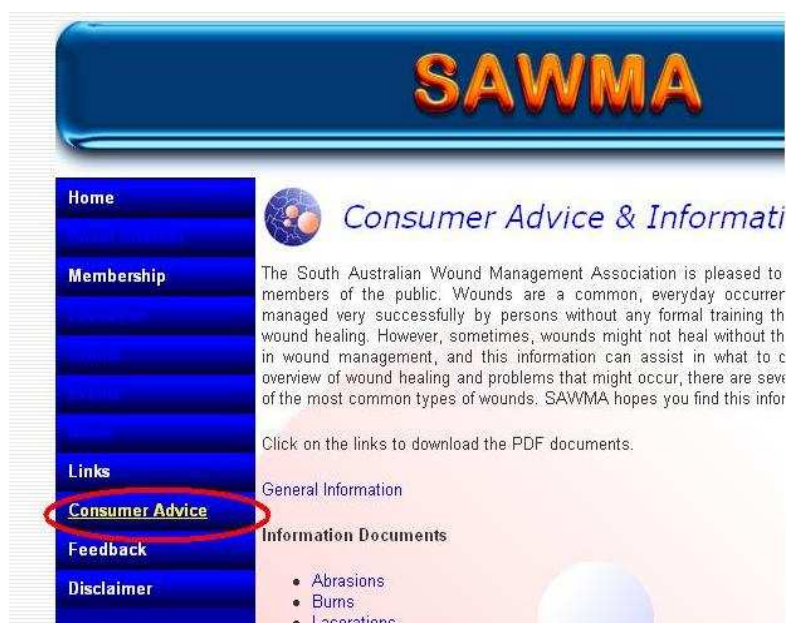
As always we are keen to hear feedback from our members regarding the newsletter, so tell us what you think!

Comments and suggestions may be forwarded to the SAWMA editor via email (editor@sawma.org.au) or via mail:

SAWMA Editor
Box 1144 Blackwood,
SA 5051

Finally, we would like to mention that we are always looking for content for our Newsletter and would like to encourage contributions from our members, so if you have an interesting case study or have a question or comment about wound management, don't hesitate to submit it via the above contact details

See you next issue!



Upcoming Wound Management Education for 2010

RDNS wound management course:

20, 21, 24, 25, 26 May 2010

For further details contact the RDNS Education Centre
82085240 or www.rdns.org.au

Ausmed 'Wound Management & skin integrity' symposium

26 & 27 July 2010

Chifley on South Terrace, Adelaide

For further details contact Ausmed Publications

03 9375 7311 or www.ausmed.com.au

Committee members can be contacted via e-mail, the mailing address or through a message left on the SAWMA phone*: **0406 440 813**

** Please note: only text or voice messages will be returned. Missed calls are **unable** to be returned. Thank you.*

This newsletter aims to share information about contemporary issues in wound management. We welcome your contributions, resources, tips, case studies etc. Submit contributions to the editor Frank Guerriero Ph 8222 5771 or email: editor@sawma.org.au

SAWMA Committee Members

Office Bearers

Ms Sue Templeton	1300 364 264	President
Mr Frank Guerriero	8222 2996	Vice President & Editor
Ms Margi Moncrieff	8204 5797	Secretary
Ms Bec Daebeler	8204 4884	Treasurer
Mr Michael Arthur	8355 3500	Membership Secretary
Mr Paul Philcox	8222 1690	AWMA Representative

General Committee Members

Ms Andrea Smallman	8204 4091
Ms Lindsey Brooks	0437 771 605
Ms Rosa Stewart	8222 4866
Ms Elizabeth Keen	8222 4000
Ms Awen Griffiths	8204 4311

All phone numbers are work contact numbers



Important Dates 2010

May 26-28 2010 European Wound Management Association 'Get the timing right' The 20th Annual Scientific meeting of the EWMA, being held in Geneva, Switzerland in conjunction with the Swiss Association of Wound Care, see <http://ewma.org/english/ewma-conferences.html> for more details

South Australian Orthopaedic Nurses, AGM 8th Feb 2010 ; Members Meetings 3rd May and 13th of August. Topics yet to be announced. www.saon.org for more information

Australian Association of Stomal Therapy Nurses, Branch Meetings 4th Wednesday of every month. www.stomaltherapy.com for more information

September 2-7 2012, 4th Congress of the World Union of Wound Healing Societies, Yokohama Japan, see <http://wuwhs2012.com> for more information

All expressions of opinion and all other statements in this newsletter and any attachments are published on the authority of the writer/s over whose signature they appear and are not to be regarded as expressing the views of the South Australian Wound Management Association. Where clinical information is provided readers are encouraged to verify this independently. Whilst every effort is made to ensure the accuracy of information, no responsibility is taken by SAWMA for any inaccuracies or omissions.